

# YORK SPORT WINTER CYCLING TIMETABLE

All of our cycling classes, sessions and events take place on our **1km Cycle Circuit at the York Sport Village.**

## JUNIOR TRIATHLON

Day	Time	Age group
Monday	16:30 – 17:30	9 – 12 years
Wednesday	16:30 – 17:30	8 – 10 years
Wednesday	17:45 – 18:45	11 – 14 years

## GROUP TRAINING

Day	Time	Age Group
Tuesday	18:00 – 21:00	14 years +

## ROLLER SKIING

Day	Time	Age Group
Friday	19:30 – 21:00	8 years +
Sunday	09:00 – 11:30	8 years +

## PAY AND PEDAL

Day	Time	Age Group
Monday	09:00 – 16:00	All ages
Tuesday	09:00 – 18:00	All ages
Wednesday	09:00 – 16:00	All ages
Thursday	09:00 – 11:00	All ages
Thursday	14:30 – 17:00	All ages
Friday	09:00 – 19:30	All ages
Saturday	12:30 – 19:00	All ages
Sunday	11:30 – 19:00	All ages

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Valid until 19 April 2020

**SUF**  
CYCLING



We offer pay as you go  
**VIRTUAL CYCLING  
CLASSES**

**AT YORK SPORT  
VILLAGE**

[york-sport.com/cycling/virtual-classes](http://york-sport.com/cycling/virtual-classes)