

YORK SPORT CYCLING TIMETABLE



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Cycle Circuit

Day	Time	Venue	Age group	Class
Mon	16:00–16:45	York Sport Cycling (Outdoor)	7–8 years	Rider Orange
Tues	13:45–14:30	York Sport Village (Indoor)	2–4 years	Rider Tots
Tues	16:00–16:45	York Sport Cycling (Outdoor)	4–6 years	Rider Red
Tues	17:30–18:30	York Sport Off Road	10–13 years	Cyclo-Cross Starts 2 October

Velodrome

Day	Time	Venue	Age group	Class
Mon	17:00–17:45	York Sport Velodrome	10–13 years	Velodrome Course*
Wed	17:00–18:00	York Sport Velodrome	10–13 years	Junior VeloFit Starts 6 June

Cycle Circuit

Day	Time	Venue	Age Group	Class
Wed	18:00–19:00	York Sport Cycle Circuit	14 years +	Women Skills (Beginner)
Wed	19:00–20:00	York Sport Cycle Circuit	14 years +	Women Skills (Intermediate)
Tues	19:00–20:00	York Sport Off Road	14 years +	Cyclo-Cross Starts 2 October

Velodrome

Day	Time	Venue	Age group	Class
Mon	18:00–18:45	York Sport Velodrome	14 years +	Velodrome Course*
Mon	19:00–19:45	York Sport Velodrome	14 years +	Velodrome Course*
Wed	18:30–19:30	York Sport Velodrome	14 years +	Adult VeloFit Starts 6 June

Inclusive Cycling

Day	Time	Venue	Age Group	Class
Tues	10:00–12:00	York Sport Cycle Circuit	All	Inclusive Cycling
Thurs	12:00–14:00	York Sport Cycle Circuit	All	Inclusive Cycling
Sun	14:00–16:00	York Sport Cycle Circuit	All	Inclusive Cycling

Para Cycling

Day	Time	Venue	Age Group	Class
Sun	16:00–17:00	York Sport Cycle Circuit	All	Para Cycling

Cycle Circuit timetable 2 April – 30 September

JUNIOR COURSES

Family Pay & Pedal

Day	Time	Venue	Age Group	Class
Sun	13:00–14:00	York Sport Cycle Circuit	All	Family Rides

Roller Skiing

Day	Time	Venue	Age Group	Class
Fri	19:30–21:00	York Sport Cycle Circuit	8 years +	Roller Skiing
Sun	09:00–11:30	York Sport Cycle Circuit	8 years +	Roller Skiing

Pay & Pedal

Day	Time	Venue	Age Group	Class
Mon	07:00–16:00	York Sport Cycle Circuit	All	Pay and Pedal
Tues	07:00–10:00 12:00–16:00	York Sport Cycle Circuit	All	Pay and Pedal
Wed	07:00–18:00	York Sport Cycle Circuit	All	Pay and Pedal
Thurs	07:00–12:00 14:00–21:00	York Sport Cycle Circuit	All	Pay and Pedal
Fri	07:00–19:30	York Sport Cycle Circuit	All	Pay and Pedal
Sat	12:30–20:00	York Sport Cycle Circuit	All	Pay and Pedal
Sun	11:30–13:00 17:00–20:00	York Sport Cycle Circuit	All	Pay and Pedal

Sufferfest

Day	Time	Day	Time	Day	Time
Monday	06:15–06:45	Wednesday	17:15–18:00	Saturday	11:15–12:15
Monday	17:15–18:00	Thursday	06:15–07:00	Sunday	08:00–08:45
Tuesday	06:15–07:00	Thursday	14:00–14:30	Sunday	11:15–12:15
Tuesday	14:00–14:30	Thursday	19:15–19:45		
Tuesday	18:00–18:45	Friday	06:15–06:45		
Wednesday	06:15–07:00	Friday	12:30–13:00		
Wednesday	07:00–08:00	Friday	17:15–18:00		
Wednesday	09:30–10:30	Saturday	08:00–09:00		



Venue	Age Group	Class
Studio 2	16 years +	Sufferfest

*Velodrome courses starting 14 May, 2 July, 13 August