

MAIN POOL TIMETABLE (25 July until 4 September)

		06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
MONDAY	1	Lane Swim 06:00 – 08:00		Open Swim 08:00 – 09:30		Pool Closed						Lane Swim 11:30 – 13:00		Open Swim 13:00 – 15:30		Swimming Lessons 16:00 – 19:15						Open Swim 19:30 – 22:00		MONDAY										
	2																																	
	3																																	
	4					Pool Closed																Lane Swim 19:30 – 22:00												
	5			Lane Swim 08:00 – 09:30																		Pool Closed												
	6					Holiday Course 08:30 – 09:30																												
	7																																	
	8																																	
TUESDAY	1	Lane Swim 06:00 – 09:30				Pool Closed						Lane Swim 11:30 – 13:00		Open Swim 13:00 – 15:30		Swimming Lessons 16:00 – 19:15						Open Swim 19:30 – 22:00		TUESDAY										
	2																																	
	3					Holiday Course 08:30 – 09:30																												
	4																																	
	5			Aqua 08:40 – 09:30										Lane Swim 13:00 – 15:30								Lane Swim 19:30 – 22:00												
	6																																	
	7															Tadcaster York Sport Swim Squad 17:00 – 19:00																		
	8																																	
WEDNESDAY	1	Lane Swim 06:00 – 08:00		Open Swim 08:00 – 09:30		Pool Closed						Open Swim 11:30 – 12:30		Staff Training 12:30 – 14:00		Open Swim 14:00 – 15:30		Swimming Lessons 16:00 – 19:15						Lane Swim 19:30 – 22:00		WEDNESDAY								
	2																																	
	3																																	
	4																																	
	5			Lane Swim 08:00 – 09:30																		Pool Closed												
	6																																	
	7					Holiday Course 08:30 – 09:30																		Staff Training 19:30 – 20:30										
	8																																	
THURSDAY	1	Lane Swim 06:00 – 08:00		Open Swim 08:00 – 09:30		Pool Closed						Lane Swim 11:30 – 13:00		Open Swim 13:00 – 15:30		Swimming Lessons 16:00 – 19:15						Lane Swim 19:30 – 22:00		THURSDAY										
	2																																	
	3																																	
	4																																	
	5			Lane Swim 08:00 – 09:30										Lane Swim 13:00 – 15:30								Pool Closed												
	6																																	
	7					Holiday Course 08:30 – 09:30																			Tadcaster York Sport Swim Squad 18:00 – 20:00									
	8																								Adult Learn to Swim 20:00 – 22:00									
FRIDAY	1	Lane Swim 06:00 – 09:30				Pool Closed						Lane Swim 11:30 – 13:00		Open Swim 13:00 – 15:30		Swimming Lessons 16:00 – 19:15						Lane Swim 19:30 – 22:00		FRIDAY										
	2																																	
	3					Holiday Course 08:30 – 09:30																												
	4																																	
	5			Aqua 08:40 – 09:30										Lane Swim 13:00 – 15:30								Pool Closed												
	6																																	
	7																																	
	8																																	
SATURDAY	1			Swimming Lessons 08:00 – 12:30								Open / Family Swim 12:30 – 16:30										SATURDAY												
	2																																	
	3																																	
	4																																	
	5	Pool Closed										Lane Swim 12:30 – 16:30								Pool Closed														
	6																																	
	7																																	
	8																																	
SUNDAY	1			Lane Swim 08:00 – 09:00		Open / Family Swim 09:00 – 16:30														SUNDAY														
	2																																	
	3																																	
	4	Pool Closed																			Pool Closed													
	5																																	
	6																																	
	7																																	
	8																																	

SMALL POOL TIMETABLE (25 July until 4 September)

	06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
MON	1	Pool Closed				Holiday Course 08:00 – 09:30			Swimming Lessons 09:30 – 11:30			Family swim 12:30 – 14:30			Swimming Lessons 16:00 – 19:15			Pool Closed				1											
	2	Pool Closed				Holiday Course 08:00 – 09:30			Swimming Lessons 09:30 – 11:30			Family swim 12:30 – 14:30			Swimming Lessons 16:00 – 19:15			Pool Closed				2											
	3	Pool Closed				Holiday Course 08:00 – 09:30			Family swim 09:30 – 11:30			Family swim 12:30 – 14:30			Swimming Lessons 16:00 – 19:15			Pool Closed				3											
TUE	1	Pool Closed				Holiday Course 08:00 – 09:30			Swimming Lessons 09:30 – 11:30			Family swim 12:30 – 14:30			Swimming Lessons 16:00 – 19:15			Pool Closed				1											
	2	Pool Closed				Holiday Course 08:00 – 09:30			Swimming Lessons 09:30 – 11:30			Family swim 12:30 – 14:30			Swimming Lessons 16:00 – 19:15			Pool Closed				2											
	3	Pool Closed				Holiday Course 08:00 – 09:30			Family swim 09:30 – 11:30			Family swim 12:30 – 14:30			Swimming Lessons 16:00 – 19:15			Pool Closed				3											
WED	1	Pool Closed				Holiday Course 08:00 – 09:30			Swimming Lessons 09:30 – 11:30			Adult Learn to Swim 11:30 – 12:30			Swimming Lessons 16:00 – 19:15			Pool Closed				1											
	2	Pool Closed				Holiday Course 08:00 – 09:30			Swimming Lessons 09:30 – 11:30			Adult Learn to Swim 11:30 – 12:30			Swimming Lessons 16:00 – 19:15			Pool Closed				2											
	3	Pool Closed				Holiday Course 08:00 – 09:30			Family swim 09:30 – 11:30			Pool Closed			Swimming Lessons 16:00 – 19:15			Pool Closed				3											
THU	1	Pool Closed				Holiday Course 08:00 – 09:30			Swimming Lessons 09:30 – 11:30			Family swim 12:30 – 14:30			Swimming Lessons 16:00 – 19:15			Pool Closed				1											
	2	Pool Closed				Holiday Course 08:00 – 09:30			Swimming Lessons 09:30 – 11:30			Family swim 12:30 – 14:30			Swimming Lessons 16:00 – 19:15			Pool Closed				2											
	3	Pool Closed				Holiday Course 08:00 – 09:30			Family swim 09:30 – 11:30			Family swim 12:30 – 14:30			Swimming Lessons 16:00 – 19:15			Pool Closed				3											
FRI	1	Pool Closed				Holiday Course 08:00 – 09:30			Swimming Lessons 09:30 – 11:30			Family swim 12:30 – 14:30			Swimming Lessons 16:00 – 19:15			Pool Closed				1											
	2	Pool Closed				Holiday Course 08:00 – 09:30			Swimming Lessons 09:30 – 11:30			Family swim 12:30 – 14:30			Swimming Lessons 16:00 – 19:15			Pool Closed				2											
	3	Pool Closed				Holiday Course 08:00 – 09:30			Family swim 09:30 – 11:30			Family swim 12:30 – 14:30			Swimming Lessons 16:00 – 19:15			Pool Closed				3											
SAT	1	Pool Closed				Swimming Lessons 08:00 – 12:30						Family Swim 12:30 – 14:30			Birthday Parties 14:30 – 15:30		Pool Closed				1												
	2	Pool Closed				Swimming Lessons 08:00 – 12:30						Family Swim 12:30 – 14:30			Birthday Parties 14:30 – 15:30		Pool Closed				2												
	3	Pool Closed				Swimming Lessons 08:00 – 12:30						Family Swim 12:30 – 14:30			Birthday Parties 14:30 – 15:30		Pool Closed				3												
SUN	1	Pool Closed				Family Swim 08:30 – 14:30											Birthday Parties 14:30 – 15:30		Pool Closed				1										
	2	Pool Closed				Family Swim 08:30 – 14:30											Birthday Parties 14:30 – 15:30		Pool Closed				2										
	3	Pool Closed				Family Swim 08:30 – 14:30											Birthday Parties 14:30 – 15:30		Pool Closed				3										

Pool Information

Eight-lane 25m main pool has a depth of 1.2m through to 2m.
Temperature around 29°C.

18m small pool has a depth of 0.8m through to 1.2m.
Temperature around 30°C.

All users must abide by Pool Rules as displayed in changing areas.

*Times and sessions are subject to change due to University and local school term dates, please check the York Sport website for up-to-date programmes.

Please enquire at reception for information regarding bank holiday opening hours, or visit york-sport.com for timetable changes.

Swimming with children?
Adult to child ratio:



1 adult and
1 child 3 years
or under



1 adult and
2 children aged
4-7 years



Term dates to 2022/23

Summer Term: 19 April 2022 – 24 June 2022

Autumn Term: 26 September 2022 – 2 December 2022

Spring Term: 9 January 2023 – 17 March 2023

(undergraduate)

For changes to the timetables please visit
www.york-sport.com/timechanges



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Scan to save

