

17th April 2023 to 1st October 2023

Day	Facility	0700	0730	0800	0830	0900	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830	1900	1930	2000	2030	2100
Monday	Cycle Circuit	Pay and Pedal																		Circuit Closed	Junior Triathlon		Clifton Cycling Club						Circuit Closed	
		0700-1600																			1630-1730		1730-2030							
Monday	Velodrome	Pay and Pedal		Track Closed						Pay and Pedal		Track Closed						Pay and Pedal			Track Closed		Pay and Pedal			Track Closed				
		0700-0900								1100-1300								1500-1700			Track Closed		1730-1830			Track Closed		1900-2100		
Tuesday	Cycle Circuit	Pay and Pedal						Inclusive Cycling						Pay and Pedal						York Triathlon Club						Circuit Closed				
		0700-1000						1000-1300						1300-1830						1830-2030										
Tuesday	Velodrome	Pay and Pedal		Track Closed						Pay and Pedal		Track Closed						Pay and Pedal		Pay and Pedal		Pay and Pedal			Track Closed					
		0700-0900								1100-1300								1500-1700		1700-1900		1900-2100			Track Closed					
Wednesday	Cycle Circuit	Pay and Pedal																		Circuit Closed	Junior Triathlon		Pay and Pedal						Circuit Closed	
		0700-1600																			1630-1900		1900-2100							
Wednesday	Velodrome	Pay and Pedal		Track Closed						Pay and Pedal		Track Closed						Pay and Pedal		Pay and Pedal		Pay and Pedal			Track Closed					
		0700-0900								1100-1300								1500-1700		1700-1900		1900-2100			Track Closed					
Thursday	Cycle Circuit	Pay & Run		Pay and Pedal				Inclusive Cycling				Pay and Pedal						Circuit Closed												
		0700-0900		0900-1200				1200-1400				1400-2100																		
Thursday	Velodrome	Pay and Pedal		Track Closed						Pay and Pedal		Track Closed						Pay and Pedal		Pay and Pedal		Pay and Pedal			Track Closed					
		0700-0900								1100-1300								1500-1700		1700-1900		1900-2100			Track Closed					
Friday	Cycle Circuit	Pay and Pedal																								Rollerski		Circuit Closed		
		0700-1900																								1900-2100				
Friday	Velodrome	Pay and Pedal		Track Closed						Pay and Pedal		Track Closed						Pay and Pedal		Pay and Pedal		Track Closed								
		0700-0900								1100-1300								1500-1700		1700-1900										
Saturday	Cycle Circuit	Circuit Closed						ParkRun		Clifton Cycling Club				Circuit Closed	Pay and Pedal						Circuit Closed									
								0900-1030		1030-1230					1300-1700															
Saturday	Velodrome	Track Closed						Pay and Pedal		1:1 Learn to Ride						Pay and Pedal		Track Closed												
								0900-1100		1100-1430						1430-1630														
Sunday	Cycle Circuit	Circuit Closed						Rollerski		Inclusive / Family Cycling				Circuit Closed	Pay and Pedal		Circuit Closed													
								0900-1130		1200-1500					1530-1630															
Sunday	Velodrome	Track Closed						Pay and Pedal		1:1 Learn to Ride						Bike Skills		Track Closed												
								0900-1100		1100-1400						1400-1530														