

# Main Pool: Monday 29th May - Sunday 4th June

Day	Lanes	0600	0630	0700	0730	0800	0830	0900	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1900	1930	2000	2030	2100	2130	2200
Monday	1	Lane Swim					Open Swim						Lane Swim				Open Swim				Swimming Lessons 1600-1915								Open Swim		Octopush		
	2	0600-1530					0830-1130						1130-1300				1300-1530												1930-2100		2100-2200		
	3																																
	4																																
	5																																
	6						UYSWC																						TYSSS				
	7						0700-0830																						1800-2100				
	8																																
Tuesday	1	Lane Swim					Open Swim						Open Swim				Swimming Lessons 1600-1915								Open Swim		Octopush						
	2	0600-0830					0830-1130						1300-1530												1930-2100		2100-2200						
	3																																
	4																																
	5												Lane Swim																				
	6						UYSWC						Aqua				Lane Swim																
	7						0700-0830						0840-0930				0930-1530												TYSSS				
	8																Staff Training												1700-1900				
Wednesday	1	Lane Swim					Open Swim						Staff Training				UYSWC				Swimming Lessons 1600-1915								Lane Swim				
	2	0600-1230					0830-1130						1230-1400				1415-1545												1930-2200				
	3																																
	4																																
	5																																
	6																																
	7																												Staff Training				
	8																												1930-2030				
Thursday	1	Lane Swim					Open Swim						Open Swim				Swimming Lessons 1600-1915								Lane Swim								
	2	0600-1530					0830-1130						1300-1530												1930-2200								
	3																																
	4																																
	5																																
	6																																
	7						YUSU Triathlon																						TYSSS 1800-2000		Adult Learn to Swim		
	8						0700-0900																						2000-2200				
Friday	1	Lane Swim					Open Swim						Open Swim				Swimming Lessons 1600-1915								Lane Swim								
	2	0600-0830					0830-1130						1300-1530												1930-2200								
	3																																
	4																																
	5												Lane Swim																				
	6						UYSWC						Aqua				Lane Swim																
	7						0700-0830						0840-0930				0930-1530												GSA				
	8																1430-1530												1430-1530				
Saturday	1						Swimming Lessons 0800-1230						Open/Family Swim				Pool Closed																
	2												1230-1430																				
	3																																
	4	Pool Closed																															
	5																																
	6																																
	7																																
	8																																
Sunday	1						Lane Swim		Open/Family Swim						Pool Closed																		
	2						0800-0900		0900-1630																								
	3																																
	4	Pool Closed																															
	5																																
	6																																
	7																						YUSU Triathlon										
	8																						1500-1630										

## Small Pool: Monday 29th May - Sunday 4th June

Day	Lanes	0600	0630	0700	0730	0800	0830	0900	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1900	1930	2000	2030	2100	2130	2200
Monday	1	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1230				Family Swim 1230-1430			Pool Closed			Swimming Lessons 1600-1915				Pool Closed										
	2	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1230				Family Swim 1230-1430			Pool Closed			Swimming Lessons 1600-1915				Pool Closed										
	3	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1230				Family Swim 1230-1430			Pool Closed			Swimming Lessons 1600-1915				Pool Closed										
Tuesday	1	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1230				Family Swim 1230-1430			Pool Closed			Swimming Lessons 1600-1915				Pool Closed										
	2	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1230				Family Swim 1230-1430			Pool Closed			Swimming Lessons 1600-1915				Pool Closed										
	3	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1230				Family Swim 1230-1430			Pool Closed			Swimming Lessons 1600-1915				Pool Closed										
Wednesday	1	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1130		Adult Learn to Swim 1130-1230		Pool Closed			Swimming Lessons 1600-1915				Pool Closed													
	2	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1130		Adult Learn to Swim 1130-1230		Pool Closed			Swimming Lessons 1600-1915				Pool Closed													
	3	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1130		Adult Learn to Swim 1130-1230		Pool Closed			Swimming Lessons 1600-1915				Pool Closed													
Thursday	1	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1230				Family Swim 1230-1430			Pool Closed			Swimming Lessons 1600-1915				Pool Closed										
	2	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1230				Family Swim 1230-1430			Pool Closed			Swimming Lessons 1600-1915				Pool Closed										
	3	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1230				Family Swim 1230-1430			Pool Closed			Swimming Lessons 1600-1915				Pool Closed										
Friday	1	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1230				Family Swim 1230-1430			Pool Closed			Swimming Lessons 1600-1915				Pool Closed										
	2	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1230				Family Swim 1230-1430			Pool Closed			Swimming Lessons 1600-1915				Pool Closed										
	3	Pool Closed				Holiday Swim Courses 0800-0930			Swimming Lessons 0930-1230				Family Swim 1230-1430			Pool Closed			Swimming Lessons 1600-1915				Pool Closed										
Saturday	1	Pool Closed				Swimming Lessons 0800-1230				Family Swim Sessions 1230-1430			Birthday Parties 1430-1530			Pool Closed				Pool Closed													
	2	Pool Closed				Swimming Lessons 0800-1230				Family Swim Sessions 1230-1430			Birthday Parties 1430-1530			Pool Closed				Pool Closed													
	3	Pool Closed				Swimming Lessons 0800-1230				Family Swim Sessions 1230-1430			Birthday Parties 1430-1530			Pool Closed				Pool Closed													
Sunday	1	Pool Closed				Family Swim Sessions 0830-1430				Birthday Parties 1430-1530			Pool Closed				Pool Closed																
	2	Pool Closed				Family Swim Sessions 0830-1430				Birthday Parties 1430-1530			Pool Closed				Pool Closed																
	3	Pool Closed				Family Swim Sessions 0830-1430				Birthday Parties 1430-1530			Pool Closed				Pool Closed																

### Pool Information

Eight-lane 25m main pool has a depth of 1.2m through to 2m.  
Temperature around 29°C.

18m small pool has a depth of 0.8m through to 1.2m.  
Temperature around 30°C.

All users must abide by Pool Rules as displayed in changing areas.

\*Times and sessions are subject to change due to University and local school term dates, please check the York Sport website for up-to-date programmes.

Please enquire at reception for information regarding bank holiday opening hours, or visit [york-sport.com](http://york-sport.com) for timetable changes.

Swimming with children?  
Adult to child ratio:



Term dates to 2022/23

Spring Term: 9 January 2023 – 17 March 2023  
Summer Term: 17 April 2023 – 23 June 2023  
Autumn Term: 18 September 2023 – 17 December 2023  
(undergraduate)

For changes to the timetables please visit  
[www.york-sport.com/timechanges](http://www.york-sport.com/timechanges)

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