

MAIN POOL TIMETABLE (25 March 2024 to 7 April 2024)

		06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
MONDAY	1	Lane Swim 06:00 – 08:30						Open Swim 08:30 – 11:30					Lane Swim 11:30 – 13:00					Open Swim 13:00 – 15:30					Pool Closed	Swimming Lessons 16:00 – 19:15					Members Only Swim 19:30 – 21:00		Open Swim 21:00 – 22:00		Pool Closed	1	MONDAY																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																													
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SMALL POOL TIMETABLE (25 March 2024 to 7 April 2024)

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MON	1	Pool Closed	Holiday Swim Courses 08:00 – 09:30					Swimming Lessons 09:30 – 12:30							Family Splash 13:00 – 14:30			Pool Closed			Swimming Lessons 16:00 – 19:15						Pool Closed						1	MON									
	2																				2																						
	3							Family Swim 09:30 – 13:00																3																			
TUE	1	Pool Closed	Holiday Swim Courses 08:00 – 09:30					Swimming Lessons 09:30 – 12:30							Family Splash 13:00 – 14:30			Pool Closed			Swimming Lessons 16:00 – 19:15						Pool Closed						1	TUE									
	2																							2																			
	3							Family Swim 09:30 – 13:00																									3										
WED	1	Pool Closed	Holiday Swim Courses 08:00 – 09:30					Swimming Lessons 09:30 – 11:30				Adult Learn to Swim 11:30 – 12:30		Pool Closed						Swimming Lessons 16:00 – 19:15						Pool Closed						1	WED										
	2																																		2								
	3							Family Swim 09:30 – 11:30																														3					
THU	1	Pool Closed	Holiday Swim Courses 08:00 – 09:30					Swimming Lessons 09:30 – 12:30							Family Splash 13:00 – 14:30			Pool Closed			Swimming Lessons 16:00 – 19:15						Pool Closed						1	THU									
	2																							2																			
	3							Family Swim 09:30 – 13:00																									3										
FRI	1	Pool Closed	Holiday Swim Courses 08:00 – 09:30					Swimming Lessons 09:30 – 12:30							Family Splash 13:00 – 14:30			Pool Closed			Swimming Lessons 15:45 – 19:15						Pool Closed						1	FRI									
	2																							2																			
	3							Family Swim 09:30 – 13:00																									3										
SAT	1	Pool Closed	Swimming Lessons 08:00 – 12:30					Family Swim 12:30 – 14:30						Birthday Parties 14:30 – 15:30			Pool Closed																1	SAT									
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SUN	1	Pool Closed					Family Swim 08:30 – 14:30													Birthday Parties 14:30 – 15:30			Pool Closed																1	SUN			
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			06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00								

Pool Information

Eight-lane 25m main pool has a depth of 1.2m through to 2m.
Temperature around 29°C.

18m small pool has a depth of 0.8m through to 1.2m.
Temperature around 30°C.

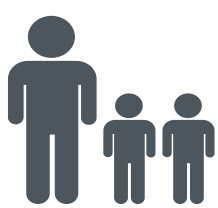
All users must abide by Pool Rules as displayed in changing areas.

*Times and sessions are subject to change due to University and local school term dates, please check the York Sport website for up-to-date programmes.
Please enquire at reception for information regarding bank holiday opening hours, or visit *york-sport.com* for timetable changes.

Swimming with children?
Adult to child ratio:



1 adult and
1 child 3 years
or under



1 adult and
2 children aged
4-7 years



8+
years

Term dates to 2023/24

Semester 1: 18 September 2023 – 2 February 2024

Semester 2: 5 February 2024 – 7 June 2024

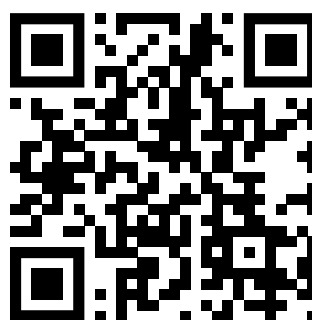
Vacation periods:

Winter: 18 December 2023 – 5 January 2024

Easter: 25 March 2024 – 5 April 2024

For changes to the timetables please visit
www.york-sport.com/timechanges

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