

Athletics Track: Monday 29th April - Sunday 5th May

Day	0900	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830	1900	1930	2000	2030	2100	2130
Monday	Pay & Run 0900-1600														YUSU Athletics 1600-1800			City of York Athletics Club 1800-2030				Track Closed				
Tuesday	Pay & Run 0900-1830																			Knavesmire Harriers 1830-1930		City of York Athletics Club 1930-2030		Track Closed		
Wednesday	Pay & Run 0900-1600										YUSU Athletics 1400-1600			City of York Athletics Club 1600-2030						Track Closed						
Thursday	Pay & Run 0900-1800																		City of York Athletics Club 1800-2030		Track Closed					
Friday	Pay & Run 0900-1700																YUSU Triathlon 1700-1800		City of York Athletics Club 1800-2000		Track Closed					
Saturday	Pay & Run 0900-1830																			Track Closed						
Sunday	City of York Athletics Club 0900-1200					Pay & Run 1200-1830														Track Closed						



Pay & Run Sessions:

Give access to the Athletics Track only. Coaches are required to use the jumps, sand pits and throws.



Session Times:

Times are subject to change, dependent on University and School term times, as well as event bookings. We strive to keep the timetable as up to date as possible.



Track Etiquette:

All users must abide by Track Etiquette displayed at the facility



Adverse Weather:

Our athletics facilities may occasionally close due to adverse weather conditions. We recommend calling us on 01904 323855 to check availability before you make your journey.



Age Restrictions:

Children under the age of 16 must be supervised by an adult.