MAIN POOL TIMETABLE (13 May 2024 to 25 May 2024)

Lane Swim 06:00 – 08:30	Open Swim 08:30 – 11:30	Lane Swim 11:30 – 13:00 Open Swim 13:00 – 15:30	Swimming Lessons 16:00 – 19:15 Pool	Members Only Swim 19:30 – 21:00 Octopush 21:00 – 22:0	0 Pool
UYSWC 07:00 – 08:30	Lane Swim 08:30 – 15:30	School Swimming 12:30 – 15:00	Closed	Tadcaster York Sport Swim Squad 18:00 – 21:00	Closed
Lane Swim 06:00 – 08:30	Open Swim 08:30 – 11:30	Lane Swim 11:30 – 13:00 Open Swim 13:00 – 15:30	Swimming Lessons 16:00 – 19:15 Pool	Members Only Swim 19:30 – 21:00 Octopush 21:00 – 22:0	0 Pool
UYSWC 07:00 – 08:30	Aqua 08:40 - 09:30 Lane Swim 09:30 - 15:30	School Swimming 12:30 – 14:30	Closed Tadcaster York Spo 17:00 – 19:00	ort Swim Squad 19:30 – 21:00	Closed
Lane Swim 06:00 – 12:30	Open Swim 08:30 – 11:30	Lane Swim 11:30 – 12:30 Staff Training 12:30 – 14:00	UYSWC Water Polo Swimming Lessons 14:15 – 15:45 16:00 – 19:15 8 8	Open Swim 19:30 – 22:00 Lane Swim	
		UYSWC Swimming 12:30 – 14:00 Adult Learn to Swim 11:30 – 12:30	Closed	19:30 – 22:00 Staff Training 19:30 – 20:30	Pool Closed
Lane Swim 06:00 – 12:00	Open Swim 08:30 – 11:30	Lane Swim 11:30 – 13:00 Open Swim 13:00 – 15:30	Swimming Lessons 16:00 – 19:15	Lane Swim 19:30 – 22:00	
YUSU Triathlon		Aqua 12:00 – 12:45 School Swimmin	1	^r adcaster York Sport Swim Squad 8:00 – 21:00 Adult Learn to Swim	Pool Closed
07:00 – 09:00 Lane Swim 06:00 – 08:30	Open Swim 08:30 – 11:30	12:45 – 14:30 Lane Swim 11:30 – 13:00 Open Swim 13:00 – 15:30	Swimming Lessons 16:00 – 19:15	20:00 – 22:00 Lane Swim 19:30 – 22:00	
UYSWC 07:00 – 08:30	Aqua 08:40 – 09:30 Lane Swim 09:30 – 15:30	School Swimming 12:30 – 14:30	Pool Closed	UYSWC 19:30 – 21:00	Pool Closed
	Swimming Lessons 08:00 – 12:30	Open Swim Fami	UYSWC 15:00 – 16:30	Pool Closed	
	Lane Swim 08:00 – 14:00Open/Family Swim 09:00 – 10:15Family Splas 10:15 – 11:45	5 11:45 – 16:30	IXSWC YUSU Triatblop	Pool Closed	
		h Open/Family Swim 11:45 – 16:30	JYSWC 14:00 – 15:00 YUSU Triathlon 15:00 – 16:30	Pool Closed	

SMALL POOL TIMETABLE (13 May 2024 to 25 May 2024)

	06:00 06:30 07:00 07:30 08:00 08:30 09	:00 09:30 10:00 10:30 11:00 11:30 12:00	12:30 13:00 13:30 14:00	14:30 15:00 15:30	16:00 16:30 17:00 17:30 18:00 18:30
NOM 1 2 3	Pool Closed	Swimming Lessons 09:30 – 12:30 Family Swim 09:30 – 12:30	School Swimming 12:30 – 15:00	Pool Closed	Swimming Lessons 16:00 – 19:15
B D D D D D D D D D D	Pool Closed	Swimming Lessons 09:30 – 12:30 Family Swim 09:30 – 12:30	School Swimming 12:30 – 14:30	Pool Closed	Swimming Lessons 16:00 – 19:15
1 2 3	Pool Closed	Swimming Lessons 09:30 - 11:30Adult Learn to Swim 11:30 - 12:30Family Swim 09:30 - 11:3011:30 - 12:30	Pool Clos	ed	Swimming Lessons 16:00 – 19:15
1 2 3	Pool Closed	Swimming Lessons 09:30 – 12:00 Family Swim 09:30 – 12:30	School Swimming 12:30 – 14:30	Pool Closed	Swimming Lessons 16:00 – 19:15
1 2 3	Pool Closed	Swimming Lessons 09:30 – 12:30 Family Swim 09:30 – 12:30	School Swimming 12:30 – 14:30		vimming Lessons :45 – 19:15
SAT 2 3	Pool Closed Swimming Lessons 08:00 – 12:30		Family Swim 12:30 – 14:30	Birthday Parties 14:30 – 15:30	Pool
NNS 1 3	Pool Closed Family Swim 08:30 – 14:3			Birthday Parties 14:30 – 15:30	Pool
	06:00 06:30 07:00 07:30 08:00 08:30 09	:00 09:30 10:00 10:30 11:00 11:30 12:00	12:30 13:00 13:30 14:00	14:30 15:00 15:30	16:00 16:30 17:00 17:30 18:00 18:30

Pool Information

Eight-lane 25m main pool has a depth of 1.2m through to 2m. Temperature around 29°C.

18m small pool has a depth of 0.8m through to 1.2m. Temperature around 30°C.

All users must abide by Pool Rules as displayed in changing areas.

*Times and sessions are subject to change due to University and local school term dates, please check the York Sport website for up-to-date programmes.

Please enquire at reception for information regarding bank holiday opening hours, or visit *york-sport.com* for timetable changes.

Swimming with children? Adult to child ratio:

Term dates to 2023/24 Semester 2: 5 February 2024 – 7 June 2024

Vacation periods: Easter: 25 March 2024 – 5 April 2024 Summer: 10 June 2024 – 15 September 2024



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or under

19:00	19:30	20:00	20:30	21:00	21:30	22:00		
Pool Closed							1 2 3	MON
			Pool Clo	osed			1 2 3	TUE
			Pool Clo	osed			1 2 3	WED
			Pool Cla	osed			1 2 3	THU
			Pool Cla	osed			1 2 3	FRI
Closed							1 2 3	SAT
Closed							1 2 3	SUN
19:00	19:30	20:00	20:30	21:00	21:30	22:00		



For changes to the timetables please visit www.york-sport.com/timechanges

Scan to save

