MAIN POOL TIMETABLE (12 August to 18 August 2024)

Monday:
- 06:00 - 09:00: Lane Swim
- 09:00 - 11:30: Open Swim
- 11:30 - 13:00: Lane Swim
- 13:00 - 15:30: Open Swim
- 16:00 - 19:15: Swimming Lessons
- 19:30 - 21:00: Members Only Swim
- 21:00 - 22:00: Open Swim

Tuesday:
- 06:00 - 09:00: Lane Swim
- 09:00 - 11:30: Open Swim
- 11:30 - 13:00: Lane Swim
- 13:00 - 15:30: Open Swim
- 16:00 - 19:15: Swimming Lessons
- 19:30 - 21:00: Members Only Swim
- 21:00 - 22:00: Open Swim

Wednesday:
- 06:00 - 09:00: Lane Swim
- 09:00 - 11:30: Open Swim
- 11:30 - 14:00: Lane Swim
- 14:00 - 15:30: Open Swim
- 16:00 - 19:15: Swimming Lessons
- 19:30 - 22:00: Open Swim

Thursday:
- 06:00 - 09:00: Lane Swim
- 09:00 - 11:30: Open Swim
- 11:30 - 13:00: Lane Swim
- 13:00 - 15:30: Open Swim
- 16:00 - 19:15: Swimming Lessons
- 19:30 - 22:00: Lane Swim

Friday:
- 06:00 - 09:00: Lane Swim
- 09:00 - 11:30: Open Swim
- 11:30 - 13:00: Lane Swim
- 13:00 - 15:30: Open Swim
- 16:00 - 19:15: Swimming Lessons
- 19:30 - 22:00: Lane Swim
Saturday:

- 08:00 - 12:30: Swimming Lessons
- 12:30 - 16:30: Pool Closed (City of York Junior Triathlon Event)

Sunday:

- Full Day Closure (City of York Triathlon Event)

**SMALL POOL TIMETABLE (12 August to 18 August 2024)**

**Monday:**

- 08:00 - 09:30: Holiday Swim Courses
- 09:30 - 12:30: Swimming Lessons
- 12:30 - 14:30: Family Splash
- 16:00 - 19:15: Swimming Lessons

**Tuesday:**

- 08:00 - 09:30: Holiday Swim Courses
- 09:30 - 12:30: Swimming Lessons
- 12:30 - 14:30: Family Splash
- 16:00 - 19:15: Swimming Lessons

**Wednesday:**

- 08:00 - 09:30: Holiday Swim Courses
- 09:30 - 11:30: Swimming Lessons
- 11:30 - 12:30: Adult Learn to Swim
- 16:00 - 19:15: Swimming Lessons

**Thursday:**

- 08:00 - 09:30: Holiday Swim Courses
- 09:30 - 12:00: Swimming Lessons
- 12:30 - 14:30: Family Splash
- 16:00 - 19:15: Swimming Lessons

**Friday:**

- 08:00 - 09:30: Holiday Swim Courses
- 09:30 - 12:30: Swimming Lessons
- 12:30 - 14:30: Family Splash
- 15:45 - 19:15: Swimming Lessons

**Saturday:**

- 08:00 - 12:30: Swimming Lessons
- 12:30 - 15:30: Pool Closed (City of York Junior Triathlon Event)
Sunday:

- Full Day Closure (City of York Triathlon Event)

Pool Information

- **Main Pool**: Eight-lane, 25m with a depth of 1.2m to 2m. Temperature around 29°C.
- **Small Pool**: 18m with a depth of 0.8m to 1.2m. Temperature around 30°C.

Adult to child ratio:

- 1 adult to 2 children aged 4-7 years
- 1 adult to 1 child 3 years or under