

York Sport Athletics Track Timetable Monday 22 June - Sunday 28 June

| Day | 0900 | 0930 | 1000 | 1030 | 1100 | 1130 | 1200 | 1230 | 1300 | 1330 | 1400 | 1430 | 1500 | 1530 | 1600 | 1630 | 1700 | 1730 | 1800 | 1830 | 1900 | 1930 | 2000 | 2030 | 2100 |
|-----------|------------------------------|--------------------------|-------------------------------------|------|------|--------------------------|--------------|------|------------------------------|------|------|------|------|------|------|--|--|------|--|--------------|--|------|--------------|------|------|
| Monday | Pay and Run 0900 to 1800 | | | | | | | | | | | | | | | | | | City of York Athletics Club 1800 to 2030 | | | | Track Closed | | |
| Tuesday | Athletics Event 0900 to 1200 | | | | | | Track Closed | | Athletics Event 1300 to 1700 | | | | | | | | City of York Athletics Club 1700 to 1830 | | Knativesmire Harriers 1830 to 1930 | | City of York Athletics Club 1930 to 2030 | | Track Closed | | |
| Wednesday | Pay and Run 0900 to 1800 | | | | | | | | | | | | | | | | | | City of York Athletics Club 1800 to 2030 | | | | Track Closed | | |
| Thursday | Army Training | Pay and Run 0930 to 1600 | | | | | | | | | | | | | | City of York Athletics Club 1600 to 2030 | | | | Track Closed | | | | | |
| Friday | Pay and Run 0900 to 1800 | | | | | | | | | | | | | | | | | | City of York Athletics Club 1800 to 2000 | | | | Track Closed | | |
| Saturday | Athletic Event 0900 to 1800 | | | | | | | | | | | | | | | | | | Track Closed | | | | | | |
| Sunday | Pay and Run 0900 to 1000 | | City of York Athletics 1000 to 1130 | | | Pay and Run 1130 to 1800 | | | | | | | | | | | | | Track Closed | | | | | | |
| Day | 0900 | 0930 | 1000 | 1030 | 1100 | 1130 | 1200 | 1230 | 1300 | 1330 | 1400 | 1430 | 1500 | 1530 | 1600 | 1630 | 1700 | 1730 | 1800 | 1830 | 1900 | 1930 | 2000 | 2030 | 2100 |

- Pay & Run Sessions** Give access to the Athletics Track only. Coaches are required to use the jumps, sand pits and throws.
- Track Etiquette** All users must abide by Track Etiquette displayed at the facility.
- Session Times** Times are subject to change, dependent on University and school term times, as well as event bookings. We strive to keep the timetable as up to date as possible.
- Adverse Weather** Our athletics facilities may occasionally close due to adverse weather conditions. We recommend calling us on 01904 323855 to check availability before you make the journey.
- Age Restrictions** Children under the age of 16 must be supervised by an adult.