

# Main Pool Timetable (Monday 6 July to Sunday 12 July 2026)

		06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
MONDAY	1	Lane Swim 06:00 to 08:30					Open Swim 08:30 to 11:30					Lane Swim 11:30 to 13:00					Open Swim 13:00 to 15:30					Pool Closed	Swimming Lessons 16:00 to 19:15					Member Only Swim 19:30 to 22:00					Pool Closed	
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TUESDAY	1	Lane Swim 06:00 to 08:30					Open Swim 08:30 to 11:30					Lane Swim 11:30 to 13:00					Open Swim 13:00 to 15:30					Pool Closed	Swimming Lessons 16:00 to 19:15					Member Only Swim 19:30 to 22:00					Pool Closed	
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WEDNESDAY	1	Lane Swim 06:00 to 08:30					Open Swim 08:30 to 11:30					Lane Swim 11:30 to 12:30					Staff Training 12:30 to 14:00		Open Swim 14:00 to 15:30			Pool Closed	Swimming Lessons 16:00 to 19:15					Open Swim 19:30 to 22:00					Pool Closed	
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THURSDAY	1	Lane Swim 06:00 to 08:30					Open Swim 08:30 to 11:30					Lane Swim 11:30 to 13:00					Open Swim 13:00 to 15:30					Pool Closed	Swimming Lessons 16:00 to 19:15					Lane Swim 19:30 to 22:00		Open Swim 21:00 to 22:00			Pool Closed	
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FRIDAY	1	Lane Swim 06:00 to 08:30					Open Swim 08:30 to 11:30					Lane Swim 11:30 to 13:00					Open Swim 13:00 to 15:30					Pool Closed	Swimming Lessons 16:00 to 19:15					Open Swim 19:30 to 22:00					Pool Closed	
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SATURDAY	1	Pool Closed					Swimming Lessons 08:00 to 12:30										Open Swim 12:30 to 16:30					Pool Closed												
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	5	Pool Closed															Lane Swim 12:30 to 16:30					Pool Closed												
	6																																	
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SUNDAY	1	Pool Closed					Lane Swim* 08:00 to 09:30			Open Swim 09:30 to 16:30										Pool Closed														
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\*There will be no music in the pool hall at this time.

Please note, this timetable may be subject to change. For any further updates, please visit: [www.york-sport.com/timetables](http://www.york-sport.com/timetables)

# Small Pool Timetable (Monday 6 July to Sunday 12 July 2026)

		06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
MON	1	Pool Closed							Swimming Lessons 09:30 to 12:30					School Swimming 12:30 to 14:30			Pool Closed			Swimming Lessons 16:00 to 19:15					Pool Closed									
	2	Pool Closed							Swimming Lessons 09:30 to 12:30					School Swimming 12:30 to 14:30			Pool Closed			Swimming Lessons 16:00 to 19:15					Pool Closed									
	3	Pool Closed							Family Swim 09:30 to 12:30					School Swimming 12:30 to 14:30			Pool Closed			Swimming Lessons 16:00 to 19:15					Pool Closed									
TUE	1	Pool Closed							Swimming Lessons 09:30 to 12:30					Pool Closed			Swimming Lessons 16:00 to 19:15					Pool Closed												
	2	Pool Closed							Swimming Lessons 09:30 to 12:30					Pool Closed			Swimming Lessons 16:00 to 19:15					Pool Closed												
	3	Pool Closed							Family Swim 09:30 to 12:30					Pool Closed			Swimming Lessons 16:00 to 19:15					Pool Closed												
WED	1	Pool Closed							Swimming Lessons 09:30 to 11:30			Adult Learn to Swim 11:30 to 12:30		Pool Closed			Swimming Lessons 16:00 to 19:15					Pool Closed												
	2	Pool Closed							Swimming Lessons 09:30 to 11:30			Adult Learn to Swim 11:30 to 12:30		Pool Closed			Swimming Lessons 16:00 to 19:15					Pool Closed												
	3	Pool Closed							Family Swim 09:30 to 11:30					Adult Learn to Swim 11:30 to 12:30		Pool Closed			Swimming Lessons 16:00 to 19:15					Pool Closed										
THU	1	Pool Closed							Family Swim 09:30 to 12:30					Pool Closed			Swimming Lessons 16:00 to 19:15					Pool Closed												
	2	Pool Closed							Family Swim 09:30 to 12:30					Pool Closed			Swimming Lessons 16:00 to 19:15					Pool Closed												
	3	Pool Closed							Family Swim 09:30 to 12:30					Pool Closed			Swimming Lessons 16:00 to 19:15					Pool Closed												
FRI	1	Pool Closed							Swimming Lessons 09:30 to 12:30					School Swimming 12:30 to 14:30			Pool Closed			Swimming Lessons 15:45 to 19:15					Pool Closed									
	2	Pool Closed							Swimming Lessons 09:30 to 12:30					School Swimming 12:30 to 14:30			Pool Closed			Swimming Lessons 15:45 to 19:15					Pool Closed									
	3	Pool Closed							Family Swim 09:30 to 12:30					School Swimming 12:30 to 14:30			Pool Closed			Swimming Lessons 15:45 to 19:15					Pool Closed									
SAT	1	Pool Closed				Swimming Lessons 08:00 to 12:30				Family Splash 12:30 to 14:30				Birthday Parties 14:30 to 15:30		Pool Closed																		
	2	Pool Closed				Swimming Lessons 08:00 to 12:30				Family Splash 12:30 to 14:30				Birthday Parties 14:30 to 15:30		Pool Closed																		
	3	Pool Closed				Swimming Lessons 08:00 to 12:30				Family Splash 12:30 to 14:30				Birthday Parties 14:30 to 15:30		Pool Closed																		
SUN	1	Pool Closed				Sensory Friendly Swim Session 08:00 to 09:15		Family Swim 09:30 to 12:30				Family Splash 12:30 to 14:30			Birthday Parties 14:30 to 15:30		Pool Closed																	
	2	Pool Closed				Sensory Friendly Swim Session 08:00 to 09:15		Family Swim 09:30 to 12:30				Family Splash 12:30 to 14:30			Birthday Parties 14:30 to 15:30		Pool Closed																	
	3	Pool Closed				Sensory Friendly Swim Session 08:00 to 09:15		Family Swim 09:30 to 12:30				Family Splash 12:30 to 14:30			Birthday Parties 14:30 to 15:30		Pool Closed																	

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## Pool Information

Eight-lane 25m main pool has a depth of 1.2m through to 2m.  
Temperature 28.2°C.

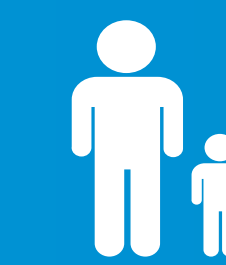
18m small pool has a depth of 0.8m through to 1.2m.  
Temperature around 30°C.

All users must abide by Pool Rules as displayed in changing areas.

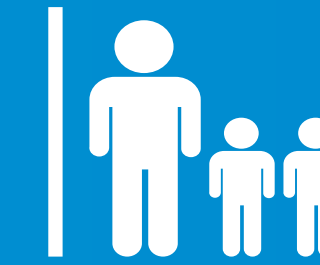
You can now pre-book Family Swim and Family Splash online using the Book Now button at [www.york-sport.com](http://www.york-sport.com)

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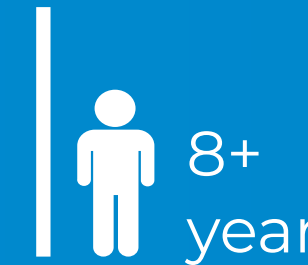
Swimming with children?  
Adult to child ratio:



1 adult and 1 child 3 years or under



1 adult and 2 children aged 4-7 years



8+ years

### Term dates 2026/27

Semester 1: 21 September 2026 to 31 January 2027

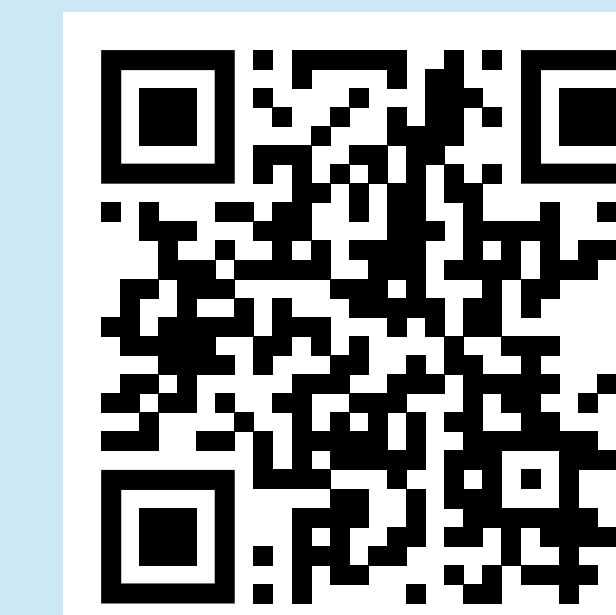
Semester 2: 1 February 2027 to 6 June 2027

### Vacation periods:

Winter: 19 December 2026 to 3 January 2027

Easter: 20 March 2027 to 4 April 2027

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