

Main Pool Timetable (Monday 20 July to Sunday 26 July 2026)

		06:00		06:30		07:00		07:30		08:00		08:30		09:00		09:30		10:00		10:30		11:00		11:30		12:00		12:30		13:00		13:30		14:00		14:30		15:00		15:30		16:00		16:30		17:00		17:30		18:00		18:30		19:00		19:30		20:00		20:30		21:00		21:30		22:00																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	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*There will be no music in the pool hall at this time

Please note, this timetable may be subject to change. For any further updates, please visit: www.york-sport.com/timetables

Small Pool Timetable (Monday 20 July to Sunday 26 July 2026)

		06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00															
MON	1	Pool Closed							Swimming Lessons 09:30 to 12:30							Family Swim 12:30 to 14:30				Pool Closed			Swimming Lessons 16:00 to 19:15						Pool Closed							1	MON												
	2																									2																							
	3															Family Swim 09:30 to 12:30																				3													
TUE	1	Pool Closed					Holiday Courses 08:00 to 09:30			Swimming Lessons 09:30 to 12:30							Family Swim 12:30 to 14:30				Pool Closed			Swimming Lessons 16:00 to 19:15						Pool Closed							1	TUE											
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	3																Family Swim 09:30 to 12:30																				3												
WED	1	Pool Closed					Holiday Courses 08:00 to 09:30			Swimming Lessons 09:30 to 11:30					Adult Learn to Swim 11:30 to 12:30		Pool Closed						Swimming Lessons 16:00 to 19:15						Pool Closed							1	WED												
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	3																						Family Swim 09:30 to 11:30																			3							
THU	1	Pool Closed					Holiday Courses 08:00 to 09:30			Family Swim 09:30 to 12:30							Family Swim 12:30 to 14:30				Pool Closed			Swimming Lessons 16:00 to 19:15						Pool Closed							1	THU											
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FRI	1	Pool Closed					Holiday Courses 08:00 to 09:30			Swimming Lessons 09:30 to 12:30							Family Swim 12:30 to 14:30				Pool Closed			Swimming Lessons 15:45 to 19:15						Pool Closed							1	FRI											
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	3																Family Swim 09:30 to 12:30																				3												
SAT	1	Pool Closed					Swimming Lessons 08:00 to 12:30									Family Splash 12:30 to 14:30				Birthday Parties 14:30 to 15:30		Pool Closed												1	SAT														
	2																																													2			
	3																																													3			
SUN	1	Pool Closed					Sensory Friendly Swim Session 08:00 to 09:15				Family Swim 09:30 to 12:30							Family Splash 12:30 to 14:30				Birthday Parties 14:30 to 15:30		Pool Closed												1	SUN												
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		06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00															

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Pool Information

Eight-lane 25m main pool has a depth of 1.2m through to 2m.
Temperature 28.2°C.

18m small pool has a depth of 0.8m through to 1.2m.
Temperature around 30°C.

All users must abide by Pool Rules as displayed in changing areas.

You can now pre-book Family Swim and Family Splash online using the Book Now button at www.york-sport.com

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Swimming with children?
Adult to child ratio:

1 adult and
1 child 3 years
or under

1 adult and
2 children aged
4-7 years

8+
years

Term dates 2025/26
Semester 2: 2 February 2026 to 5 June 2026
Vacation period:
Easter: 30 March 2026 to 10 April 2026

Term dates 2026/27
Semester 1: 21 September 2026 to 31 January 2027
Semester 2: 1 February 2027 to 6 June 2027
Vacation periods:
Winter: 19 December 2026 to 3 January 2027
Easter: 20 March 2027 to 4 April 2027

Scan to save



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 yorksport
 yorksport1

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