

York Sport Athletics Track Timetable
Monday 13 July - Sunday 19 July

Day	0900	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830	1900	1930	2000	2030	2100
Monday	Pay and Run 0900 to 1800																		City of York Athletics Club 1800 to 2030				Track Closed		
Tuesday	Pay and Run 0900 to 1700																City of York Athletics Club 1700 to 1830		Knaviesmire Harriers 1830 to 1930		City of York Athletics Club 1930 to 2030		Track Closed		
Wednesday	Pay and Run 0900 to 1800																		City of York Athletics Club 1800 to 2030				Track Closed		
Thursday	Army Training	Pay and Run 0930 to 1700															City of York Athletics Club 1700 to 2030				Track Closed				
Friday	Pay and Run 0900 to 1800																		City of York Athletics Club 1800 to 2000				Track Closed		
Saturday	Pay and Run 0900 to 1800																		Track Closed						
Sunday	Pay and Run 0900 to 1000		City of York Athletics 1000 to 1130			Pay and Run 1130 to 1800													Track Closed						
Day	0900	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830	1900	1930	2000	2030	2100

- Pay & Run Sessions

Give access to the Athletics Track only. Coaches are required to use the jumps, sand pits and throws.
- Track Etiquette

All users must abide by Track Etiquette displayed at the facility.
- Session Times

Times are subject to change, dependent on University and school term times, as well as event bookings. We strive to keep the timetable as up to date as possible.
- Adverse Weather

Our athletics facilities may occasionally close due to adverse weather conditions. We recommend calling us on 01904 323855 to check availability before you make the journey.
- Age Restrictions

Children under the age of 16 must be supervised by an adult.